



Certificate for Teacher Professional Development Units

Expertise

Nancy Willard has a B.S. in Elementary Education, a M.S. in Special Education, and a Doctor of Jurisprudence. She taught special needs students, practiced law, and worked in educational technology. Then she became involved in digital safety.

She has written numerous books on digital safety: *Cyber Ethics Reader*. McGraw-Hill College, 1996. *Computer Ethics, Etiquette, and Safety for the 21st Century Student*. International Society for Technology in Education, 2002. *Cyber-Safe Kids, Cyber-Savvy Teens: Helping Young People Learn to Use the Internet Safely and Responsibly*. Jossey-Bass, 2007. *Cyberbullying and Cyberthreats: Responding to the Challenge of Online Social Aggression, Threats, and Distress*. Research Press, 2007. *Cyber Savvy: Embracing Digital Safety and Civility*, Corwin Press, 2011.

Around 2010, she shifted to a focus on the bullying and discriminatory harassment. More recently, she expanded to focus more specifically on trauma informed and positive psychology practices to support more vulnerable youth.

She has presented at numerous national conferences: National Association for School Psychologists, Consortium for School Networking, U.S. Department of Education Safe Schools Conference, American School Counselors Association, National Educational Computing Conference, National School Board Association, International Bullying Prevention Association, Association for Mid Level Education. Family Online Safety Institute. She has also presented at state conferences: Washington, Oregon, California, Idaho, Utah, Illinois, Indiana, Oklahoma, Pennsylvania, Colorado, Texas, New Jersey, Arkansas.

Professional Insight Shared in *Be Positively Powerful: Overcoming Trauma Through a Focus on Resilience and empowerment*

Part 1: Foundational Insight Into Trauma and Resilience. This video presents research based insight into trauma, including an extensive section on intergenerational trauma and trauma based on identity,

Part 2: Be Positively Powerful Strategies to Increase Resilience. This video presents both the 7 Be Positively Powerful resilience and empowerment strategies, as well as insight from other authorities on addressing intergenerational/identity based trauma.

Part 3: Resolving Hurtful Incidents and Situations Educator Trauma and Secondary Traumatic Stress. This video addresses both the direct trauma experienced by educators, including trauma associated with the pandemic, as well as the secondary traumatic stress of dealing with trauma of students.

Part 4. School-wide Trauma Informed Practices. This video provides an overview of strategies to ensure a likelihood of success, recommended strategies from other authorities, essential steps for a long term commitment to resilience practices, and Be Positively Powerful strategies that can be relatively easily implemented the 2021-2022 school year.

Total time: 3.2 hours

Assistance

If any additional information is necessary, please contact Nancy at nwillard@embracecivility.org and she will be happy to provide assistance.